## Miracles of Jesus - Jesus calms the storm

Have you ever been in a boat on a lake or the sea? Did you enjoy it? Chat together about your experiences.



**Read together:** Today's story takes place in a boat! Find out what happened by reading the story in the Bible in Mark 4:35-41 or a Bible story book.

You can also watch this animation: https://youtu.be/uYLHqdSO9OY

Chat together: I wonder what surprised you about this story?
I wonder what it would have been like to be in the boat with Jesus?
I wonder if there are times when you feel a bit scared?
Jesus is always with us and he will comfort us. We can talk to him and tell him how we are feeling and just like he helped his friends, Jesus will help us too.

**Pray together:** Find a bowl of water (if it's warm enough you might like to do this outside!) and if you have them, some toy boats or make a boat out of junk (see below) or just use some leaves from the garden.

Everyone sits around the bowl of water and holds their boat. Think about something that you are worrying about or a bit scared about and float your boat on the water.

Everyone can stir the water to make it a bit stormy as you ask - Dear Jesus, please help us when we are worried or scared.

Let the water calm and say -

Thank you Jesus, for loving us and always being with us. Amen

You might like to spend a few moments of quiet, talking to Jesus quietly in your head and listening to what he is saying to you.

Make together: Junk modelling - make a boat with Jesus and his friends to remind you of the story. You could use an old margarine tub for the boat, a straw for the mast. Small world figures or pegs for Jesus and his friends. Attach a paper sail to the mast. Try different containers to see which floats best.

## Something extra:

Maybe you would like to act out the story together, here is a simple version you could use:

Jesus and his friends had been working hard: they needed a day off so Jesus suggested they all go on a boat trip across the lake.

It was a lovely sunny morning and Jesus and his friends felt happy and relaxed. Jesus felt so relaxed that he lay down in the boat and fell asleep.

But - oh no! - Suddenly big, black clouds came racing across the sky.

The wind began to blow. The rain began to fall.

The water became rough - very rough indeed, and waves started to splash over the sides of the boat. Jesus' friends felt very scared! The boat might sink! Jesus kept on sleeping. "Wake up!" Jesus' friends shouted. "The boat's going to sink and we're all going to drown!" Jesus opened his eyes - he wasn't scared a bit! He stood up and called to the wind, "Stop your blowing!"

Then he called to the waves, "Stop being so rough!"

Suddenly everything was quiet and still! Jesus' friends were amazed.

"Why did you worry?" Jesus asked his friends. "God is looking after you - just trust him."

Play 'musical storms' - play some music and everyone should move around like they are being blown about by a storm. When the music stops, everyone should stop and stand still like the storm when Jesus spoke.

Sing 'My Lighthouse' together and try to do the actions!

Draw or paint a picture of the story or colour in the picture below.

Make paper boats!



